



WOMEN'S HEALTH

Women, Antidepressants and Sex

(NAPS)—Progress is being made in helping the estimated 40 percent of U.S. women who experience some kind of sexual difficulty or dissatisfaction as they get older. Nearly 60 percent of the 43 million women who take antidepressants report sexual side effects from those drugs.

But now, for the first time, clinical testing has shown that a newly-developed non-prescription product can improve the quality of life for women, much in the way Viagra has for millions of men.

While antidepressants work quite well for their intended use, many women become frustrated with a decrease in sexual pleasure and often lose their desire for intimacy. As a result, some women decide not to take antidepressants to avoid the loss of intimacy with their partner.

Unlike Viagra® for men, Zestra™ for Women is a topical solution, containing only natural botanical substances that increase sensation and sexual pleasure for women. The solution does not contain any hormones or synthetic chemicals. Zestra was developed by pharmacists and sexual health researchers to safely enhance female sexual pleasure, increase warmth, sensitivity and sensation, and facilitate arousal when applied to the clitoris, labia, and vaginal opening. The product has been under development for more than five years and is now available without a prescription.

In a landmark clinical study, Zestra for Women eliminated the undesirable sexual side effects



Encouraging news for women who take antidepressants and experience a loss of desire.

that often stem from antidepressant use. "Only non-prescription Zestra is Clinically Proven in double blind, placebo-controlled crossover clinical trials to increase female sexual pleasure in normal women, women with arousal difficulties, and in women suffering sexual side effects from antidepressant medications," said David Ferguson, Ph.D., M.D., a widely-recognized sexual medicine expert and pharmaceutical industry consultant.

More information about the clinical trial results can be found at www.zestraforwomen.com/research.html. For more information, ask your doctor and visit the Web site at <http://www.zestraforwomen.com>.