

## Women's Sexual Health: Consumer Product Comparison – Fact Sheet

	Zestra	ArginMax	Viacreme	Vigel	Femore	Avlimil
	Topical Oil	6 Capsules	Topical Cream	Topical Gel	Topical Cream	Tablet
<b>Clinical Study Information:</b>						
Study Conducted In Conformance with FDA (GCP) Standards	X	X				
Study Conducted by Independent Medical Researchers	X					
Study Published in "Peer-Reviewed" Medical Journals	X	X				
Study found in National Library of Medicine - <b>MedLine</b>	X	X				
Presentation of Clinical Studies at Scientific Conferences	X	X				
Published in <b>WebMD</b> Medical Report	X					

<b>General Product &amp; Ingredient Information:</b>						
Time for Onset of Claimed Beneficial Effects	3-5 Min.	2-4 Weeks	< 1 Min.	< 1 Min.	2-3 Min.	1-3 Months
Founders & Developers are Healthcare Professionals	X	X	X			
Listed in the <b>Natural Medicines Database</b>	X	X				X
All Ingredients Listed in <b>Natural Medicines Database</b>	X	X				
Valid Scientific Rationale of Product Formulation	X	X				
Relies on Menthol and/or other chemical irritants for effects			X	X	X	
Makes Unsupported Claims as a "Treatment for FSD"			X	X	X	X
Contains Ginger - Known to "Decrease Genital Blood Flow"						X
Ingredients that Decrease Testosterone (Lowers Libido)						X
Recommended by Sexual Health Professionals	X	X				
Offers a Money Back Guarantee	X	X		X		
Similar Versions of the Product on the Market	NONE	SOME	MANY	MANY	MANY	MANY

**Systemic & Local Safety Issues – "Benefit-to-Risk Ratio" Assessment**

	Zestra	ArginMax	Viacreme	Vigel	Femore	Avlimil
<b>Systemic Safety Concerns:</b>						
Potential for "Body-Wide" Side Effects		<b>X</b>				<b>X</b>
Contraindications (Do NOT use if...)		<b>X</b>				<b>X</b>
Potential For Systemic Drug Interactions		<b>X</b>				<b>X</b>
Potential Interactions with Systemic Diseases or Conditions		<b>X</b>				<b>X</b>
Potential Interactions with Lab Tests		<b>X</b>				<b>X</b>
Hormone (Estrogen) Effects		<b>X</b>				<b>X</b>
<b>Safety Warning Issued 06/03 – Vomiting &amp; Hallucinations</b>						<b>X</b>

<b>Local Safety Concerns:</b>						
May Cause Genital Herpes Outbreak (Due to L-Arginine)		<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>	
Contraindications (Do NOT use if...)	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	
Potential for Local Side Effects	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	
Potential Interactions with Vaginal Diseases or Conditions	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	

**Ethical Considerations - Historical Practices of Product Developers**

	Zestra	ArginMax	Viacreme	Vigel	Femore	Avlimil
Utilizes Known Chemical Irritants in Formulation			<b>X</b>	<b>X</b>	<b>X</b>	
Utilizes Synthetic Chemicals, Preservatives or Excipients			<b>X</b>	<b>X</b>	<b>X</b>	
Excessive Better Business Bureau Complaints						<b>X</b>
Scientific R&D of Women's Sexual Health Products	<b>X</b>	<b>X</b>				
Use of Banned Substances According to FDA Regulations					<b>X</b>	
Associated with marketing and sale of "Penis Growth Pills"						<b>X</b>

## Women's Consumer Product Comparison: Sources & References

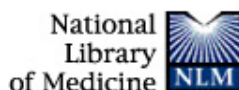
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The Natural Medicines Comprehensive Database took two years to create and was released in September 1999. Since its release, our research and editorial team continues to update the Database **daily**.

The research and editorial team at Therapeutic Research Center put their drug information and literature evaluation skills to work to produce a highly objective, evidence-based resource designed for healthcare professionals.

The Natural Medicines Comprehensive Database is recognized as the scientific gold standard for evidence-based information on this topic. Leaders in conventional medicine as well as complementary, alternative, and integrative medicine recognize the Database as the go-to resource for the most complete and practical information. The Database provides the most comprehensive listing of brand name product ingredients available. The Natural Medicines Comprehensive Database is researched and published by over 50 clinical pharmacists and physicians, which includes an outside editorial advisory board. These same healthcare professionals also publish additional reference databases which are listed below.



MEDLINE® (Medical Literature, Analysis, and Retrieval System Online) is the U.S. National Library of Medicine's (NLM) premier bibliographic database that contains over 12 million references to journal articles in life sciences with a concentration on biomedicine. It can be searched via PubMed® or the NLM Gateway.

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**Supplemented by:** Individual Product Website Information.